# 大學 The Great Learning

# Confucius, Translated by James Legge

大學之道,在明明德,在親民,在止於至善。知止而后有定,定而后能 靜,靜而后能安,安而后能慮,慮而后能得。物有本末,事有終始,知所先後, 則近道矣。古之欲明明德於天下者,先治其國;欲治其國者,先齊其家;欲齊 其家者,先脩其身;欲脩其身者,先正其心;欲正其心者,先誠其意;欲誠其 意者,先致其知;致知在格物。物格而后知至,知至而后意誠,意誠而后心正, 心正而后身脩,身脩而后家齊,家齊而后國治,國治而后天下平。自天子以至 於庶人,壹是皆以脩身為本。其本亂而末治者否矣,其所厚者薄,而其所薄者 厚,未之有也!

What the Great Learning teaches, is to illustrate illustrious virtue; to renovate the people; and to rest in the highest excellence.

The point where to rest being known, the object of pursuit is then determined; and, that being determined, a calm unperturbedness may be attained to. To that calmness there will succeed a tranquil repose. In that repose there may be careful deliberation, and that deliberation will be followed by the attainment of the desired end.

Things have their root and their branches. Affairs have their end and their beginning. To know what is first and what is last will lead near to what is taught in the Great Learning.

The ancients who wished to illustrate illustrious virtue throughout the kingdom, first ordered well their own states. Wishing to order well their states, they first regulated their families. Wishing to regulate their families, they first cultivated their persons. Wishing to cultivate their persons, they first rectified their hearts. Wishing to rectify their hearts, they first sought to be sincere in their thoughts. Wishing to be sincere in their thoughts, they first extended to the utmost their knowledge. Such extension of knowledge lay in the investigation of things.

Things being investigated, knowledge became complete. Their knowledge being complete, their thoughts were sincere. Their thoughts being sincere, their hearts were then rectified. Their hearts being rectified, their persons were cultivated. Their persons being cultivated, their families were regulated. Their families being regulated, their states were rightly governed. Their states being rightly governed, the whole kingdom was made tranquil and happy.

From the Son of Heaven down to the mass of the people, all must consider the cultivation of the person the root of everything besides.

It cannot be, when the root is neglected, that what should spring from it will be well ordered. It never has been the case that what was of great importance has been slightly cared for, and, at the same time, that what was of slight importance has been greatly cared for.

## 中庸 The Doctrine of the Mean

## Confucius, Translated by James Legge

天命之謂性,率性之謂道,脩道之謂教。道也者,不可須臾離也,可離 非道也。是故君子戒慎乎其所不睹,恐懼乎其所不聞。莫見乎隱,莫顯乎微, 故君子慎其獨也。喜怒哀樂之未發,謂之中;發而皆中節,謂之和。中也者, 天下之大本也;和也者,天下之達道也。致中和,天地位焉,萬物育焉。

What Heaven has conferred is called The Nature; an accordance with this nature is called The Path of duty; the regulation of this path is called Instruction.

The path may not be left for an instant. If it could be left, it would not be the path. On this account, the superior man does not wait till he sees things, to be cautious, nor till he hears things, to be apprehensive.

There is nothing more visible than what is secret, and nothing more manifest than what is minute. Therefore the superior man is watchful over himself, when he is alone.

While there are no stirrings of pleasure, anger, sorrow, or joy, the mind may be said to be in the state of Equilibrium. When those feelings have been stirred, and they act in their due degree, there ensues what may be called the state of Harmony. This Equilibrium is the great root from which grow all the human actings in the world, and this Harmony is the universal path which they all should pursue.

Let the states of equilibrium and harmony exist in perfection, and a happy order will prevail throughout heaven and earth, and all things will be nourished and flourish.



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# 道德經 The Tao Te Ching (Selections)

### Laozi, Translated by James Legge

道可道,非常「道」;名可名,非常「名」。「無」,名天地之始; 「有」,名萬物之母。故常「無」,欲以觀其妙;常「有」,欲以觀其徼。此 兩者,同出而異名,同謂之玄。玄之又玄,衆妙之門。

天下皆知美之為美,斯惡已;皆知善之為善,斯不善已。有無相生,難 易相成,長短相形,高下相盈,音聲相和,前後相隨,恒也。

上善若水。水善利萬物而不争,處衆人之所惡,故幾於道。

上「德」不德,是以有「德」;下「德」不失德,是以無「德」。 道生一,一生二,二生三,三生萬物。萬物負陰而抱陽,沖氣以為和。

The Tao that can be trodden is not the enduring and unchanging Tao. The name that can be named is not the enduring and unchanging name. (Conceived of as) having no name, it is the Originator of heaven and earth; (conceived of as) having a name, it is the Mother of all things. Always without desire we must be found, If its deep mystery we would sound; But if desire always within us be, Its outer fringe is all that we shall see. Under these two aspects, it is really the same; but as development takes place, it receives the different names. Together we call them the Mystery. Where the Mystery is the deepest is the gate of all that is subtle and wonderful.

All in the world know the beauty of the beautiful, and in doing this they have (the idea of) what ugliness is; they all know the skill of the skilful, and in doing this they have (the idea of) what the want of skill is. So it is that existence and non-existence give birth the one to (the idea of) the other; that difficulty and ease produce the one (the idea of) the other; that length and shortness fashion out the one the figure of the other; that (the ideas of) height and lowness arise from the contrast of the one with the other; that the musical notes and tones become harmonious through the relation of one with another; and that being before and behind give the idea of one following another.

The highest excellence is like (that of) water. The excellence of water appears in its benefiting all things, and in its occupying, without striving (to the contrary), the low place which all men dislike. Hence (its way) is near to (that of) the Tao.

(Those who) possessed in highest degree the attributes (of the Tao) did not (seek) to show them, and therefore they possessed them (in fullest measure). (Those who) possessed in a lower degree those attributes (sought how) not to lose them, and therefore they did not possess them (in fullest measure).

The Tao produced One; One produced Two; Two produced Three; Three produced All things. All things leave behind them the Obscurity (out of which they have come), and go forward to embrace the Brightness (into which they have emerged), while they are harmonised by the Breath of Vacancy.

#### 論語 The Analects of Confucius

### Confucius, Translated by James Legge

子曰:「學而時習之,不亦說乎?有朋自遠方來,不亦樂乎?人不知而不慍, 不亦君子乎?」

曾子曰:「吾日三省吾身:為人謀而不忠乎?與朋友交而不信乎?傳不習乎?」

子曰:「君子食無求飽,居無求安,敏於事而慎於言,就有道而正焉,可謂好

學也已。」

子曰:「不患人之不己知,患不知人也。」

子曰:「吾十有五而志于學,三十而立,四十而不惑,五十而知天命,六十而

耳順,七十而從心所欲,不踰矩。」

子曰:「人而不仁,如禮何?人而不仁,如樂何?」

子曰:「不仁者不可以久處約,不可以長處樂。仁者安仁,知者利仁。」

The Master said, "Is it not pleasant to learn with a constant perseverance and application? Is it not delightful to have friends coming from distant quarters? Is he not a man of complete virtue, who feels no discomposure though men may take no note of him?"

The philosopher Zeng said, "I daily examine myself on three points: whether, in transacting business for others, I may have been not faithful; whether, in intercourse with friends, I may have been not sincere; whether I may have not mastered and practiced the instructions of my teacher."

The Master said, "He who aims to be a man of complete virtue in his food does not seek to gratify his appetite, nor in his dwelling place does he seek the appliances of ease; he is earnest in what he is doing, and careful in his speech; he frequents the company of men of principle that he may be rectified - such a person may be said indeed to love to learn."

The Master said, "I will not be afflicted at men's not knowing me; I will be afflicted that I do not know men."

The Master said, "At fifteen, I had my mind bent on learning. At thirty, I stood firm. At forty, I had no doubts. At fifty, I knew the decrees of Heaven. At sixty, my ear was an obedient organ for the reception of truth. At seventy, I could follow what my heart desired, without transgressing what was right."

The Master said, "If a man be without the virtues proper to humanity, what has he to do with the rites of propriety? If a man be without the virtues proper to humanity, what has he to do with music?"

The Master said, "Those who are without virtue cannot abide long either in a condition of poverty and hardship, or in a condition of enjoyment. The virtuous rest in virtue; the wise desire virtue."