

学习、实践、弘扬中国传统文化经典

To study, practise, and promote Chinese classics



# 劍橋中國傳統文化研習社

## Cambridge Chinese Classics



Reading group 读书会

诵读千年经典 变化生命气质



Tea ceremony 茶艺

赏茶、饮茶；静心、静神



Tea Yoga 茶熏瑜伽

修身养心，动静自然



Excursions 出游

挚友五六人，浴乎经典，风乎康桥，咏而归

Founded in spring 2011, the Cambridge Chinese Classics Society seeks to study and promote traditional Chinese classics within Cambridge and beyond. Members come from a multiplicity of backgrounds in the arts, humanities and sciences, and we welcome anybody who is interested in Chinese culture to join.

We organise weekly reading sessions of Chinese classics (recent texts include the *Confucian Analects* and the *Dao De Jing*, otherwise known as the *Laozi*. Knowledge of some Chinese is preferred). Other events include traditional Chinese tea ceremonies, tea yoga, seminars, as well as termly social events.

Whether you are a keen reader of Chinese classics, or just want to find out more about traditional Chinese culture, you are most welcome to join, after that, you will receive weekly newsletters about our events.

剑桥中国传统文化研习社以学习、实践和弘扬中国传统经典为目的，成立于2011年的春天。我们来自文、理、工科等不同背景，是一群在剑桥对中国经典有着共同爱好的朋友。

我们每周定期举办读书会（近读《论语》、《千字文》、《老子》等），从比较的视角，理解中国先贤言行，探讨先哲智慧。感受自由讨论的快乐，思维碰撞的喜悦，获得经典智慧对人生的启发和对生命成长的帮助。此外，我们还举办相关讲座、讨论会、中国传统茶会、茶熏瑜伽等，从不同角度和层次“研习”中国经典。

我们是一个温馨而温暖的团体，经常组织郊游、聚餐、品茶谈心，并有每学期的 formal dinner 社交活动。爱连接着我们，并让它成为朋友们共同的“家”！

Find out more at:



[www.camcc.org](http://www.camcc.org)



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